

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 201 – Nursing Care of Special Populations
Research Paper Approval Form
2025

Instructions:

The Research Paper Approval Form is to be submitted to faculty according to research topic no later than September 5, 2025 at 0830.

Mental Health - Dr. Baich
Maternity - Dr. Blankenship & Ms. Lagano
Pediatrics - Dr. Watson & Mrs. Zahner

Student Name: Katelyn Milligan

Research Topic: Mental Health: Exercise therapy for depression

Thesis Statement*: Exercise therapy helps treat depression because it decreases depressive symptoms, has a high participation rate from patients, and is cost effective and nurses play a big role in outcomes by educating, assessing readiness for this type of therapy, and incorporating it into their plan of care.

Date Submitted: 09/04/25

Faculty Signature of Approval: _____

Date Copy Returned to Student: _____

*This should be one concise summary of the main point of the research paper. Reflect on how your topic impacts client care.

The research paper is due at 0830 on Monday, November 3, 2025. Submit the research paper to the appropriate Dropbox.

Five (5) points will be deducted from the research grade if the research paper is submitted after 0830 on November 3, 2025 and for each class day thereafter it is not submitted.

All graded research papers will be returned on Monday, December 1, 2025.