

ACTIVE LEARNING TEMPLATE: *Growth and Development*

STUDENT NAME \_\_\_\_\_

DEVELOPMENTAL STAGE \_\_\_\_\_ REVIEW MODULE CHAPTER \_\_\_\_\_

**EXPECTED GROWTH AND DEVELOPMENT**

Physical Development

Stages of Eriksons:  
Trust/mistrust,  
autonomy/shame  
and doubt, initiative/  
guilt, industry/  
inferiority, identity/  
role confusion,  
intimacy/isolation,  
generativity/  
stagnation, integrity/  
despair

Cognitive Development

this is the 8 rights of  
human development  
and if you know these  
they can help you  
navigate what ages  
need what

Psychosocial Development

Piaget:  
Sensorimotor (from  
reflex activity to imitate  
behavior),  
preoperational (use  
symbols to represent  
objects and learn to  
express themselves),  
concrete operational  
(increase logical),  
formal operational (can  
expand and refine  
thinking and reasoning  
skills)

Age-Appropriate Activities

go on walks with  
family, eat dinner  
together, talk  
things out when  
they get rough,  
spend quality time  
everyday for at  
least 30 minutes

Health Promotion

Immunizations

Health Screening

Nutrition

Injury Prevention