

STUDENT NAME _____

DEVELOPMENTAL STAGE _____ REVIEW MODULE CHAPTER _____

EXPECTED GROWTH AND DEVELOPMENT**Physical Development**

Weight: increasing by 4.5-6.5 pounds/year
Height: 2.5-3.5 inches/year

Cognitive Development

parents should be aware of signs and stressors.
aggressive behavior= by unprovoked physical attacks on other children and adults

Psychosocial Development**Age-Appropriate Activities**

3 years- goes up stairs with alternating feet, builds tower with 9-10 blocks, can copy circle, complete sentences of 3-4 words, dresses self almost, feeds self completely. 4 years- catches ball reliably, skips/hops on one foot, uses scissors, questioning at its peak, knows simple songs, very independent, selfish, aggressive. 5 years- throws and catches ball well, ties shoes, prints few letters, less rebellious, independent but trustworthy, has manners

Health Promotion**Immunizations****Health Screening****Nutrition****Injury Prevention**