

ACTIVE LEARNING TEMPLATE: *Growth and Development*

STUDENT NAME \_\_\_\_\_

DEVELOPMENTAL STAGE \_\_\_\_\_ REVIEW MODULE CHAPTER \_\_\_\_\_

**EXPECTED GROWTH AND DEVELOPMENT**

**Physical Development**

Girls and boys differ very little in size  
By the END girls tend to surpass boys in height and weight  
-Weight: from 6-12 will almost double their weight, gains 4-5-6.5/year

**Cognitive Development**

**Psychosocial Development**

**Age-Appropriate Activities**

6 years- active age, develops concept of numbers, knows L and R hand, attends 1st grade, jealous of younger siblings. 7years- more cautious, develops concept of time, attends 2nd grade, brushes hair without help, likes to help, becomes real member of family, spends a lot of time alone. 8/9 years- always on the go, dresses self completely, reads books, knows days/weeks/months, attends 3rd and 4th grade, helps with household chores, is more critical of self, easy to get alone with at home, interested in boy-girl relationships. 10/12 years- girls: pubescent changes, boys: slow growth in ht and rapid in wt gain, writes brief stories, attends 5-7th grade, raises pets, can be left alone at home for an hour, develops feelings of opposite sex

**Health Promotion**

**Immunizations**

**Health Screening**

**Nutrition**

**Injury Prevention**