

Beebe Healthcare
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Patient Problem Guide
2025-2026

1. Cardiac

a. CAD/PAD

- i. Infective Tissue Perfusion
- ii. Acute Pain

b. Dysrhythmia

- i. Decrease Cardiac Output

c. Heart Failure

- i. Decrease Cardiac Output
- ii. Excess Fluid Volume
- iii. Activity Intolerance

d. Hypertension

- i. Decrease Cardiac Output
- ii. Risk for Unstable Blood Pressure

2. Endocrine

a. Diabetes Mellitus

- i. Risk for Unstable Blood Glucose
- ii. Deficient Knowledge (Disease management/treatment)
- iii. Risk for Fluid/Electrolyte Imbalance

3. Gastrointestinal

a. Pancreatitis

- i. Acute Pain
- ii. Imbalanced Nutrition: Less than Body Requirements

b. SBO

- i. Acute Pain
- ii. Impaired Gastrointestinal Function
- iii. Constipation
- iv. Fluid Volume Deficit
- v. Fluid/Electrolyte Imbalance
- vi. Risk for Infection

4. Integumentary

a. Cellulitis/ Osteomyelitis

- i. Impaired Skin Integrity
- ii. Acute Pain

5. Musculoskeletal

- i. Impaired Physical Mobility
- ii. Acute Pain
- iii. Impaired Tissue Perfusion
- iv. Risk for Falls
- v. Risk for Inadequate Tissue Perfusion
- vi. Risk for DVT

6. Reproductive

- i. Ineffective Coping
- ii. Acute Pain
- iii. Impaired Sexual Function
- iv. Risk for Infection
- v. Anxiety

7. Respiratory

a. Acute Respiratory Failure

- i. See below

b. COPD

- i. Impaired Gas Exchange
- ii. Ineffective Airway Clearance
- iii. Activity Intolerance
- iv. Anxiety

c. Pneumonia

- i. Impaired Gas Exchange
- ii. Ineffective Airway Clearance
- iii. Activity Intolerance

8. Mental Health

a. Anxiety

- i. Deficient Knowledge (Disease Management/ Treatment)
- ii. Anxiety
- iii. Difficulty Coping

b. Dementia / Alzheimer's Disease

- i. Chronic Confusion
- ii. Risk for Injury

c. Depression

- i. Risk for Suicide
- ii. Hopelessness
- iii. Difficulty Coping
- iv. Low Self-Esteem

d. Bipolar Disorder (Mania)

- i. Risk for Injury
- ii. Deficient Knowledge
- iii. Body Weight Problem (weight loss)
- iv. Risk for Self-Care Deficit

e. Substance Use Disorder

- i. Risk for Injury
- ii. Risk for Denial
- iii. Deficient Knowledge

9. Neurological

a. Stroke

- i. Impaired Cerebral Tissue Perfusion
- ii. Risk for Aspiration
- iii. Impaired Mobility
- iv. Impaired Communication (Aphasia)
- v. Risk for Injury
- vi. Risk for Impaired Skin Integrity

b. Seizures & Epilepsy

- i. Risk for Injury
- ii. Risk for Impaired Respiratory Function
- iii. Deficient Knowledge (Disease management/treatment)

c. Parkinson's Disease

- i. Risk for Falls
- ii. Impaired Mobility
- iii. Deficient Knowledge (Disease management/treatment)

10. Renal-Urinary

a. Acute Kidney Injury

- i. Impaired Urinary Elimination
- ii. Impaired Renal Function
- iii. Risk for Infection
- iv. Risk for Fluid/Electrolyte Imbalance

b. Chronic Kidney Disease

- i. Excess Fluid Volume
- ii. Impaired Renal Function
- iii. Risk for Fluid/Electrolyte Imbalance
- iv. Risk for Infection

c. UTI

- i. Acute Pain
- ii. Impaired Urinary Elimination
- iii. Impaired Immune Response

11. Shock

a. Septic

- i. Impaired Tissue Perfusion

b. Cardiogenic

- i. Decreased Cardiac Output

c. Hemorrhagic

- i. Fluid Volume Deficit

12. Maternal Child

a. Maternity

- i. Risk for Bleeding
- ii. Risk for Infection: Uterus
- iii. Acute Pain
- iv. Fluid Imbalance (Fluid Overload)
- v. Impaired Skin and Tissue Integrity
- vi. Impaired Urinary Elimination/Risk for Urinary Retention
- vii. Risk for Constipation
- viii. Risk for Falls

b. Newborn

- i. Risk for Ineffective Thermoregulation
- ii. Risk for Infection
- iii. Risk for Altered Blood Glucose
- iv. Risk for Neonatal Hyperbilirubinemia
- v. Risk for Disorganized Infant Behavior
- vi. Ineffective Breathing Pattern
- vii. Ineffective Infant Feeding Dynamics

c. Pediatric

- i. Respiratory Disorders
 1. Same as adult respiratory disorders
 2. Risk for fluid volume deficit
- ii. Gastrointestinal
 1. Risk for electrolyte imbalance
 2. Deficient fluid volume
 3. Imbalanced nutrition
 4. Acute pain
- iii. Cardiovascular Disorders
 1. Same as adult CV disorders
 2. Risk for impaired growth and development
 3. Risk for impaired skin integrity
- iv. Endocrine/Metabolic Disorders
 1. See adult endocrine disorders
- v. Renal/Genitourinary Disorders
 1. See adult renal disorders
- vi. Hematologic/Oncologic Disorders
 1. See adult Heme/Onc disorders
- vii. Musculoskeletal Disorders
 1. Same as adult
 2. Risk for developmental delay
 3. Disturbed body image
- viii. Psychosocial/Behavioral Conditions
 1. Impaired social interaction
 2. Risk for self-directed violence
 3. Ineffective coping

4. Impaired verbal communication
5. Risk for delayed development

d. Family

- i. Risk for Impaired Parent-Child Attachment
- ii. Risk for Caregiver Role Strain
- iii. Deficient Knowledge: (specify deficiency)