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## **Class Prep – Fetal Monitoring**

Using your textbook (pp. 356-373, 383-385) and the provided PowerPoint, answer the following questions.

1. What are common causes of fetal tachycardia?  
Early fetal hypoxia, asphyxia, anemia, infection
2. What causes late decelerations?  
A reflex fetal response to transient hypoxemia that reduces the delivery of oxygenated blood to the placenta.
3. What causes variable decelerations?  
Umbilical cord compression
4. What is the cause of early decelerations?  
Transient fetal head compression
5. What are accelerations a response to?  
Fetal movement/stimuli
6. What is the normal range for the fetal heart rate?  
110-160
7. What category tracing (I, II, or III) clearly indicates a fetus in distress?  
Category III
8. What equipment is used to evaluate contractions with external monitoring?  
An external fetal monitor is used when evaluating external contractions
9. What is the most concerning fetal heart rate pattern?  
Sinusoidal pattern
10. What is the most important indicator of fetal status?  
The FHR and Variability