

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?

-My perception of an individual with a mental illness is that they are simply a regular person who's going through a tough time emotionally or mentally. They just might think, feel, or act differently because of what they're dealing with. They need support just like anyone going through a hard time.

2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?

-I might say "I'm really sorry you're going through this. You're not alone, I am here to help you get through it." To remind them they have support.

3. What is a Mental Status Examination?

-A Mental Status Examination is an assessment of a patient's current mental state and cognitive functioning. This can be done by looking at things like mood, memory, speech, and behavior to understand what's going on with the patient's mental health.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

___B___ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

___F___ 2. An attitude of devaluing a person because of a particular characteristic or illness

___D___ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

___A___ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

___G___ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

___H___ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

___C___ 7. The identification of clinically significant symptoms that require further assessment and intervention

___E___ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction