

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?

My perception of an individual with a mental illness is that they are a person who may have their unique set of struggles but also have strengths and are capable of living fulfilling lives. Their mental illness does not define who they are.

2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?

I would try my best to reassure the client that their life has value. I would also offer a listening ear whenever they would like to express their feelings and ensure a safe space without judgement.

What is a Mental Status Examination?

A Mental Status Examination is a comprehensive assessment of a client's current mental state and cognitive function. This is observed through multiple direct questions and observations of behavior. Some examples of evaluated areas are appearance, mood, thought patterns, attention and emotions.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

 b 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

 f 2. An attitude of devaluing a person because of a particular characteristic or illness

 d 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

 a 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

 g 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

 h 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

c 7. The identification of clinically significant symptoms that require further assessment and intervention

e 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction