

**Margaret H. Rollins School of Nursing  
N201 Nursing Care of Special Populations  
MENTAL HEALTH NURSING**

**Class Preparation**

**Directions: Answer the following questions:**

1. What is your perception of an individual with a mental illness? **They are still equally an individual as everyone else and to not be discouraged or embarrassed to get treatment.**
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? **I would tell them that this is a safe place and they are not alone. I would also make sure they know that I am there to listen and if they ever need someone to talk to.**
3. What is a Mental Status Examination? **An assessment that evaluates a patients cognitive, emotional, and behavioral functioning at that time.**

**Directions:** Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

- |                             |                         |
|-----------------------------|-------------------------|
| a. diagnostic overshadowing | e. social distancing    |
| b. patient-centered care    | f. stigmatization       |
| c. screening                | g. suicide prevention   |
| d. SBIRT                    | h. trauma-informed care |

  B   1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

  F   2. An attitude of devaluing a person because of a particular characteristic or illness

  D   3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

  A   4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

  G   5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

  H   6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

  C   7. The identification of clinically significant symptoms that require further assessment

and intervention

\_\_E\_\_ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction