

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness?
 - a. Genuinely very normal people (depending on the type...), and nowadays, so many people have anxiety/depression because of social media that it is becoming at least normalized in that regard. In my psych classes at college, I got to take a clinical psychology class. It was my favorite because we got to watch real-life therapy sessions with people of all sorts of mental disorders, and it really showed that sometimes even the most normal people suffer and need help.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?
 - a. That I am here to help them, listen to them, and talk if they would like to. I would ask them what they are comfortable sharing with me about their past and how they got here to gauge how best to interact with them moving forward. This is in knowing they might not even try to open up if I don't make the space to do so for them.
3. What is a Mental Status Examination?
 - a. It assesses a pt's personal information, appearance, behavior, speech, mood, thought processes, perceptual disturbances, cognition, and thoughts about harming oneself or others. This can be important in addition to screening tools to assess a lot of indirect information from a pt that you may not have otherwise received.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

~~a. diagnostic overshadowing~~

~~e. social distancing~~

~~b. patient-centered care~~

~~f. stigmatization~~

~~c. screening~~

~~g. suicide prevention~~

~~d. SBIRT~~

~~h. trauma-informed care~~

- B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership
- F 2. An attitude of devaluing a person because of a particular characteristic or illness
- D 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment
- A 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

- __G__** 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts
- __H__** 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention
- __C__** 7. The identification of clinically significant symptoms that require further assessment and intervention
- __E__** 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction