

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?

A health assessment is a process used by healthcare professionals to determine the status, needs, and preferences of a patient. These observations contribute to the plan and decisions that the healthcare team sets to deliver the best patient health and care.

2. What assessment technique requires observation?

Inspection requires observation.

3. What type of sounds will you hear with the diaphragm of a stethoscope?

It is used for high pitched sounds like breath, bowel, and heart.

4. When palpating a client, you should use what side of the fingers?

The dorsal/ back side.

5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.

False

6. What is percussion?

It is a quick tapping motion to assess the density of an area and whether it is fluid filled or not.

7. List two tools that can be used for inspection.

The stethoscope and doppler.

8. What is subjective data?

Related to personal opinions and experience.

9. What is objective data?

Factual evidence.

10. **True** or False: A chief complaint is the client's reasoning for seeking medical care?