

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 Foundations of Nursing

1

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
Comprehensive Evaluation of a Client Overall health from Physical mental and Social Well-being.
2. What assessment technique requires observation?
When evaluating practical Skills, real-time behavior and Interpersonal Interactions.
3. What type of sounds will you hear with the diaphragm of a stethoscope?
High-pitched sounds like lungs, bowel, and heart.
4. When palpating a client, you should use what side of the fingers?
Palm side, middle and Index finger.
5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion?
Physical Examination technique when you tap on the body to assess the underlying tissue and Organs based on the sound it produced.
7. List two tools that can be used for inspection.
Penlight and Otoloscope.
8. What is subjective data?
Information that comes directly from the client. Ex: own Experience, feeling, Opinion, and Perspective.
9. What is objective data?
Factual, measurable, and Observable information obtain through Physical Examination, test and Observation. Ex: Vital Signs.
10. True or False: A chief complaint is the client's reasoning for seeking medical care?