

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?

A health assessment is an in-depth collection of data incorporating clinical judgement and patient centered care in collaboration with the health team, for the purpose of aiding the patient in achieving the best health possible.

2. What assessment technique requires observation?

Data Collection, in order to obtain baseline data for planning and goal setting.

3. What type of sounds will you hear with the diaphragm of a stethoscope?

High-pitched sounds, typically ones coming from the heart, lungs, or bowels.

4. When palpating a client, you should use what side of the fingers?

You should use the palm-side of the hand in order to detect more with fingertip sensitivity.

5. True or **False**: When auscultating, you should always apply firm, hard pressure with the stethoscope.

6. What is percussion?

Technique for advanced providers that consist of tapping/striking the surface of the body which reveals density of underlying structures. Can determine whether tissue is fluid-filled, air-filled, or solid.

7. List two tools that can be used for inspection.

Stethoscope, pulse oximeter.

8. What is subjective data?

Subjective data is the client's description of the problem and is always recorded as a quotation. It provides information on physiologic, psychological, and sociologic difficulties.

9. What is objective data?

Objective data is factual data, we can observe or assess. Can be measured or tested against accepted standards. For example, I can see a broken leg, therefore I know it's broken.

10. **True** or False: A chief complaint is the clients reasoning for seeking medical care?