

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. **What is your perception of an individual with a mental illness? Someone** who has a disorder that affects their mental health. Just as someone who has a physical illness it needs to be treated and cared for in a compassionate way and using patient centered care.
2. **What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide?** I would therapeutic communication techniques such as focusing, formulating a plan of action, encouraging compassion, and reflecting. To gain a further insight on the client and how they are doing as well as offering support and validation to them.
3. **What is a Mental Status Examination?** An exam to help evaluate the clients current cognitive and psychological state. It uses personal information, appearance, behavior, speech, mood, disorders of the form of thoughts, perceptual disturbances, cognition, and ideas of harming self or others.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

~~a. diagnostic overshadowing~~

~~e. social distancing~~

~~b. patient-centered care~~

~~f. stigmatization~~

~~c. screening~~

~~g. suicide prevention~~

~~d. SBIRT~~

~~h. trauma-informed care~~

B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

G 2. An attitude of devaluing a person because of a particular characteristic or illness

D 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

A 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

G 5. Methods of assessment for suicide risk and for differentiating between
suicide ideation and attempts

H 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on
current behavior and relationships in every aspect of nursing intervention

C 7. The identification of clinically significant symptoms that require further assessment
and intervention

E 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people
with mental illness or addiction