

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness? I think that they are a regular person who struggles with health issues that affect their emotions and behaviors.
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? I would tell them that I am glad they are here and are okay, and that they are not alone and I am here to support them in any way possible.
3. What is a Mental Status Examination? A tool that health care professionals use to evaluate a person's emotional and behavioral health at that time.

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

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| a. diagnostic overshadowing | e. social distancing |
| b. patient-centered care | f. stigmatization |
| c. screening | g. suicide prevention |
| d. SBIRT | h. trauma-informed care |

B. _ 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership

F. 2. An attitude of devaluing a person because of a particular characteristic or illness

D. __ 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment

A. __ 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness

G. __ 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts

H. __ 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention

C. __ 7. The identification of clinically significant symptoms that require further assessment and intervention

E. ___ 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction