

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 3 Class Prep Assignment

1. What are types of vital signs?
 - a. Oxygen saturation, vision, dental
 - b. **Temperature, pulse, respiration, blood pressure, oxygen saturation <3**
 - c. Temperature, blood pressure, visual acuity
 - d. Heart rate, intracranial pressure, pulse point

2. Which blood pressure would be abnormal for an adult?
 - a. 170/98
 - b. 120/60
 - c. **120/80 <3**
 - d. 130/70

3. What is the normal body temperature?
 - a. 99.5
 - b. 101
 - c. 92.6
 - d. **98.6<3**

4. Why are vital signs important?
 - a. **They indicate the overall wellbeing of the patient<3**
 - b. They are not important
 - c. So you have something to chart
 - d. To keep the patient in the hospital longer

5. What three things may increase the body temperature?
 - a. Illness, infection, environment
 - b. Sleep, cold, malnutrition
 - c. **Exercise, cold water, eating<3**
 - d. Illness, fasting, mouth breathing

6. Name three pulse points?
 - a. Neck, foot, head
 - b. Carotid, brachial, popliteal
 - c. Abdomen, heart, lung
 - d. Rib, artery, pancreas

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7. The pulse point in the neck is called?
- a. Neck pulse
 - b. Dorsalis pedis
 - c. Femoral
 - d. Carotid
8. The top number of the blood pressure reading is called?
- a. **Systolic**
 - b. Systemic
 - c. Selective
 - d. Symmetrical
9. The bottom number of the blood pressure is called?
- a. Diabolic
 - b. Distilled
 - c. Diabetic
 - d. **Diastolic**
10. Respirations is the process of breathing in _____ and expelling _____.
- a. Air, helium
 - b. **Oxygen, carbon dioxide**
 - c. Oxygen, air
 - d. Water, bubbles
11. A pulse rate of 52 beats per minute is considered?
- a. Tachycardia
 - b. Tachypnea
 - c. Apnea
 - d. **Bradycardia**
12. Vital signs re normally taken when the person is?
- a. Standing only
 - b. Lying down only
 - c. **Sitting or lying down**
 - d. Sleeping

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13. Your patient has a rectal temperature of 95.6. This is considered?
- a. **Out of normal range**
 - b. Within normal range
 - c. Abnormal
 - d. Hyperthermia
14. What is the **most** common site for taking a pulse in an adult?
- a. **Radial**
 - b. Brachial
 - c. Pedal
 - d. Carotid
15. Which pulse rate would be of greatest concern for an adult?
- a. 62
 - b. **48**
 - c. 80
 - d. 74
16. What artery is used to measure blood pressure?
- a. Carotid
 - b. Radial
 - c. Femoral
 - d. **Brachial**
17. All of the following factors tend to increase blood pressure, **EXCEPT**?
- a. Sleeping
 - b. Stress
 - c. Pain
 - d. Exercise
18. Your patient has a blood pressure of 80/56, this is considered?
- a. **Hypertension**
 - b. Hypocardia
 - c. Hypotension
 - d. Hypercardia

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19. How many respirations should a healthy adult have per minute?
- a. 60-90
 - b. **12-20**
 - c. 18-30
 - d. 100-120
20. When a person is having a difficult time breathing or has labored breathing, this is considered?
- a. Tachypnea
 - b. Apnea
 - c. **Bradypnea**
 - d. Dyspnea