

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 3 Class Prep Assignment**

1. What are types of vital signs? B
  - a. Oxygen saturation, vision, dental
  - b. Temperature, pulse, respiration, blood pressure, oxygen saturation**
  - c. Temperature, blood pressure, visual acuity
  - d. Heart rate, intracranial pressure, pulse point
  
2. Which blood pressure would be abnormal for an adult? A
  - a. 170/98**
  - b. 120/60
  - c. 120/80
  - d. 130/70
  
3. What is the normal body temperature? D
  - a. 99.5
  - b. 101
  - c. 92.6
  - d. 98.6**
  
4. Why are vital signs important? A
  - a. They indicate the overall wellbeing of the patient**
  - b. They are not important
  - c. So you have something to chart
  - d. To keep the patient in the hospital longer
  
5. What three things may increase the body temperature? A
  - a. Illness, infection, environment**
  - b. Sleep, cold, malnutrition
  - c. Exercise, cold water, eating
  - d. Illness, fasting, mouth breathing
  
6. Name three pulse points? B
  - a. Neck, foot, head
  - b. Carotid, brachial, popliteal**
  - c. Abdomen, heart, lung
  - d. Rib, artery, pancreas

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7. The pulse point in the neck is called? D
- a. Neck pulse
  - b. Dorsalis pedis
  - c. Femoral
  - d. Carotid**
8. The top number of the blood pressure reading is called? A
- a. Systolic**
  - b. Systemic
  - c. Selective
  - d. Symmetrical
9. The bottom number of the blood pressure is called? D
- a. Diabolic
  - b. Distilled
  - c. Diabetic
  - d. Diastolic**
10. Respirations is the process of breathing in \_\_\_\_\_ and expelling \_\_\_\_\_. B
- a. Air, helium
  - b. Oxygen, carbon dioxide**
  - c. Oxygen, air
  - d. Water, bubbles
11. A pulse rate of 52 beats per minute is considered? D
- a. Tachycardia
  - b. Tachypnea
  - c. Apnea
  - d. Bradycardia**
12. Vital signs re normally taken when the person is? C
- a. Standing only
  - b. Lying down only
  - c. Sitting or lying down**
  - d. Sleeping

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13. Your patient has a rectal temperature of 95.6. This is considered? A or C
- a. **Out of normal range**
  - b. Within normal range
  - c. **Abnormal**
  - d. Hyperthermia
14. What is the **most** common site for taking a pulse in an adult? A
- a. **Radial**
  - b. Brachial
  - c. Pedal
  - d. Carotid
15. Which pulse rate would be of greatest concern for an adult? B
- a. 62
  - b. **48**
  - c. 80
  - d. 74
16. What artery is used to measure blood pressure? D
- a. Carotid
  - b. Radial
  - c. Femoral
  - d. **Brachial**
17. All of the following factors tend to increase blood pressure, **EXCEPT?** A
- a. **Sleeping**
  - b. Stress
  - c. Pain
  - d. Exercise
18. Your patient has a blood pressure of 80/56, this is considered? C
- a. Hypertension
  - b. Hypocardia
  - c. **Hypotension**
  - d. Hypercardia

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19. How many respirations should a healthy adult have per minute? B
- a. 60-90
  - b. 12-20**
  - c. 18-30
  - d. 100-120
20. When a person is having a difficult time breathing or has labored breathing, this is considered? B
- a. Tachypnea
  - b. Apnea**
  - c. Bradypnea
  - d. Dyspnea