

You Tube Video: Dissociative Disorders

<https://www.youtube.com/watch?list=PLUwr2zzyuw7lfpNXGjRTYCDXuO8RCrMh7&v=XF2zeOde5GY>

- 1) Normal Dissociation: "Autopilot"
  
- 2) Dissociative Disorder
  - a) Impaired Awareness of Actions, Thoughts, Physical Sensations, Identity
  - b) Stems from trauma
  
- 3) Three Types:

Depersonalization/ Derealization Disorder		Dissociative amnesia	Dissociative identity Disorder
↓ <i>Feeling of Detachment from oneself</i>	↓ <i>Feeling that the world around you is not fully real</i>	<i>Blocks out or forgets important information</i> Types: Localized-	<i>Overt- &gt; 2 distinct identities</i>
Symptoms:		Generalized-  Dissociative Fugue-	

- 4) Diagnosis
  - a) Differentials:
    - i) Substance Intoxication
    - ii) Seizures
    - iii) Brain Trauma
    - iv) Dementia
    - v) Anxiety Disorder
    - vi) Bipolar Disorder
    - vii) Schizophrenia
  
- 5) Treatment
  - a) Psychotherapy

i) DID-