

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 2 Class Prep Assignment

ALEJANDRA SALAZAR

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1. What is a CAUTI?

A CAUTI refers to a catheter-associated urinary tract infection.

2. What are ways to prevent a CAUTI? **Select all that apply:**

A. Hand Hygiene

B. Prolonged use of indwelling catheters

C. Routine catheter care

D. Early removal of indwelling catheter

E. Good nutrition

2. What is the most effective way to prevent healthcare-associated infections (HAIs)?

Along with being one of the most easy and cost-effective methods, hand-washing is one of the most effective ways to prevent HAIs.

4. In which circumstances should a healthcare worker utilize soap and water for hand hygiene instead of waterless hand rub? **Select all that apply:**

A. When hands are visibly soiled

B. When entering a client room

C. After caring for a client who has infectious diarrhea

D. Before checking a client's vital signs

E. Before performing a dressing change

5. What do you do with the orange sticker post foley catheter care?

You would put the orange sticker right on the foley bag [whether you are night/day shift] indicating that you have performed the foley care tasks for that specific patient.

6. List at least two (2) risk factors for the development of a pressure injury.

- **Moisture exposure:** If you are actively pressing and pulling on wet skin (skin is more fragile wet vs dry)
- **Malnutrition [Weight]:** Patients who are obese may have additional pressure on their skin caused by their weight, and one should assess for pressure ulcers between these individuals' skin folds

7. Identify 1 bony prominence susceptible to pressure injury formation:

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Your **heels** have a bony prominence that is susceptible to pressure injury formation due to the fact that there is not much fat/muscle present in this area of the body.

8. What is the name of the equipment used to empty a foley catheter bag?

To empty a foley catheter bag, you obtain the drain tube from the bag (unclip the clamp and grab the tip), and make sure to have a clean graduated cylinder underneath to drain.

9. What type of bedpan do you utilize for a client with a hip fracture?

- A. Ridged bedpan
- B. Orthopedic bedpan
- C. Fractured bed pan**
- D. Bariatric bedpan

10. What is an imperative assessment you perform when you are positioning the client in a side-lying position?

When the patient is positioned in a side-lying position, you do a skin-check assessment. You can get a good view of the patient's back through the opening of their gown.