

**Margaret H. Rollins School of Nursing
N201 Nursing Care of Special Populations
MENTAL HEALTH NURSING**

Class Preparation

Directions: Answer the following questions:

1. What is your perception of an individual with a mental illness? *When I think of someone who has mental illness I think is someone who is not able to process emotions properly. They have a hard time dealing with emotions/being able to express them appropriately.*
2. What would you say to a depressed client who was admitted to a psychiatric facility after attempting suicide? *I would ask this person why they are feeling this way and what I could do to help in the situation. I would try to help deescalate the situation and help in away way possible to make the patient feel comfortable.*
3. What is a Mental Status Examination? *A mental status examination is used to see someone's behavior function understanding a persons mental wellbeing.*

Directions: Identify the following key terms associated with caring for patients with mental illness and substance use disorders in general practice settings with the descriptions or definitions listed below.

a. diagnostic overshadowing

e. social distancing

b. patient-centered care

f. stigmatization

c. screening

g. suicide prevention

d. SBIRT

h. trauma-informed care

- B 1. A concept that requires nurses and other healthcare professionals to listen to and empower the patient in decision making around his or her care and establish a collaborative partnership
- F 2. An attitude of devaluing a person because of a particular characteristic or illness
- D 3. An evidence-based approach referring to screening, brief intervention, and referral to treatment
- A 4. A phenomenon in which a person's physical symptoms are attributed to his or her mental illness
- G 5. Methods of assessment for suicide risk and for differentiating between suicide ideation and attempts
- H 6. Care that assesses for and demonstrates sensitivity to the impact of trauma history on current behavior and relationships in every aspect of nursing intervention
- C 7. The identification of clinically significant symptoms that require further assessment

and intervention

E 8. An aspect of stigma that refers to the tendency of healthcare workers and others to avoid people with mental illness or addiction