

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 2 Class Prep Assignment

1. What is a CAUTI?

A CAUTI is a catheter associated urinary tract infection.

2. What are ways to prevent a CAUTI? **Select all that apply:**

- A. Hand Hygiene**
- B. Prolonged use of indwelling catheters
- C. Routine catheter care**
- D. Early removal of indwelling catheter
- E. Good nutrition**

3. What is the most effective way to prevent healthcare-associated infections (HAIs)?

Practicing proper hand hygiene and applying proper PPE for different protocols around the hospital. Making sure to keep yourself safe also provides safety to patients to prevent the spreading of infections. With all this in mind, varying on what different clients have, hand sanitizer may not be enough of a precaution when coming into contact with *C. diff* or other bacteria that must be prevented with soap and water.

4. In which circumstances should a healthcare worker utilize soap and water for hand hygiene instead of waterless hand rub? **Select all that apply:**

- A. When hands are visibly soiled**
- B. When entering a client room
- C. After caring for a client who has infectious diarrhea**
- D. Before checking a client's vital signs
- E. Before performing a dressing change

5. What do you do with the orange sticker post foley catheter care?

Initial the orange sticker and stick onto the foley bag which allows other healthcare staff to know the catheter has been cleaned.

6. List at least two (2) risk factors for the development of a pressure injury.

Rashes, edema, and moisture can all be risk factors for developing a pressure injury.

7. Identify 1 bony prominence susceptible to pressure injury formation:

The back of the head can be a susceptible area of a pressure injury due to prolonged lying or sitting down facing forward.

8. What is the name of the equipment used to empty a foley catheter bag?

A foley catheter bag empties into a graduated cylinder in order to assess the clients output.

9. What type of bedpan do you utilize for a client with a hip fracture?

- A. Ridged bedpan

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- B. Orthopedic bedpan
- C. Fractured bed pan**
- D. Bariatric bedpan

10. What is an imperative assessment you perform when you are positioning the client in a side-lying position? Put pillows in a supportive position to the client laying on their side and assess the client's skin for any injuries, be sure to ask the client how they're feeling and making sure they're comfortable.