

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 2 Class Prep Assignment

1. What is a CAUTI?

Catheter Associated Urinary Tract Infection

2. What are ways to prevent a CAUTI? **Select all that apply:**

- A. **Hand Hygiene (before and after handling catheter)**
- B. Prolonged use of indwelling catheters
- C. **Routine catheter care**
- D. Early removal of indwelling catheter
- E. **Good nutrition (hydration)**

3. What is the most effective way to prevent healthcare-associated infections (HAIs)?

The most effective way to prevent HAI's is to enforce correct hygiene before, during and after handling with a patient. This can include Alcohol gel or foam sanitation, or soap water washes. Effective hand hygiene is a simple first and last step to stop transmission of bacteria in a hospital.

4. In which circumstances should a healthcare worker utilize soap and water for hand hygiene instead of waterless hand rub? **Select all that apply:**

- A. **When hands are visibly soiled.**
- B. When entering a client room
- C. **After caring for a client who has infectious diarrhea.**
- D. Before checking a client's vital signs
- E. Before performing a dressing change.

5. What do you do with the orange sticker post foley catheter care?

The foley wipes contain an orange sticker that can be labeled with your initials, so placing the orange sticker on the foley bag allows us to realize it has been cleaned properly with foley care wipes.

6. List at least two (2) risk factors for the development of a pressure injury.

Abrasions, edema, and moisture can lead to pressure injury. This will increase the risk of pressure injury.

7. Identify 1 bony prominence susceptible to pressure injury formation:

Two bony locations are your heels and ankles.

8. What is the name of the equipment used to empty a foley catheter bag?

The name of the equipment used to empty a foley catheter bag is called a graduated cylinder.

9. What type of bedpan do you utilize for a client with a hip fracture?

- A. Ridged bedpan
- B. Orthopedic bedpan
- C. **Fractured bed pan**
- D. Bariatric bedpan

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10. What is an imperative assessment you perform when you are positioning the client in a side-lying position?

-Check the integrity of the patient's skin.

-Ask patient if comfortable.

-Make pillows help alleviate pressure or areas of discomfort.