

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: **After using the restroom.**
- b. Waterless hand rub: **Before having direct contact with patients.**

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

Contact Precaution is used when a patient has an infectious agent, so it can be transmitted through direct/indirect contact which is why the nurse was wearing a gown and gloves. The patient had a leg infection.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. **I saw handwashing/waterless handrubs.**
- b. **Verifying name and date of birth**

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	_____HS_____
Four times a day	_____FID_____
Dx	_____diagnosis_____
BR	___bed rest_____
CXR	_____chest x ray_____
Head of bed	_____HOB_____

