Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

    a. Soap and water only: _____after contact with chemicals_____

    b. Waterless hand rub: _____before having direct contact with a patient_____

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

_____The patient was on contact precautions due to the infection on his leg. Contact precautions help minimize the possibility of any infection spreading and helps keep the infection from getting worse.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

    a. _____performing proper hand hygiene_____

    b. _____introducing yourself to the patient and ensuring they are okay with accepting care._____

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	___HS_____
Four times a day	__QID_____
Dx	__Diagnosis_____
BR	___Bedrest_____

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CXR	__Chest X-Ray_____
Head of bed	__HOB_____
IVF	__Intravenous Fluids_____

5. Go to the ATI Module for Nutrition found under "Physiological Concepts for Nursing Practice" in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

   Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

   a. Stroke
   b. Hypertension
   c. Flu
   d. Acid Reflux
   e. Mouth Sores
   f. Dental Issues
   g. Common cold