

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: When hands are visibly soiled
- b. Waterless hand rub: Before having direct contact with patients

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

 The patient had an infection on his leg. He is on contact precaution to prevent transmission of the pathogens in the drainage to other patients so we should be wearing gloves and a gown at minimum, as well as anyone entering the room.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. The nurse asks for the patient's name and date of birth before starting anything.
- b. The nurse does hand hygiene and puts on their gloves.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime HS

Four times a day QID

Dx Diagnosis

BR Bedrest

CXR Chest X Ray

Head of bed HOB

IVF Intravenous fluids

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold