

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
  - a. Soap and water only: When hands are visibly soiled or when consulting a patient with norovirus, *Clostridioides difficile*, or another pathogen resistant to alcohol-based hand rubs.
  - b. Waterless hand rub: Can be used when the hands are not visibly soiled, such as before and after using gloves. Or before aseptic techniques, such as inserting a catheter.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

Mr. Chester was on isolation precautions because there was a suspected infection on the wound located on his leg. He would remain on such precautions until his test lab results came back and the pathogen is known.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
  - a. Verifying age and DOB by asking before beginning any care.
  - b. Applying hand sanitizer thoroughly and rubbing in until completely dry.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	HS
Four times a day	QID
Dx	Diagnosis
BR	Bedrest

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

CXR	Chest x-ray
Head of bed	HOB
IVF	Intravenous fluids

5. Go to the ATI Module for Nutrition found under "Physiological Concepts for Nursing Practice" in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. **Stroke**
- b. Hypertension
- c. Flu
- d. **Acid Reflux**
- e. **Mouth Sores**
- f. **Dental Issues**
- g. Common cold