

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: -when hands are visibly soiled, before eating, after using the restroom, when caring for certain patient with infection which as *Clostridioides difficile*, norovirus, and outbreak situations directed by infection prevention, after contact with chemicals.
 - b. Waterless hand rub: -before having direct contact with patients, before prepping/administering medication, before inserting indwelling catheters or invasive devices, after contact with patient's skin, after contact with a patient's non-intact skin, wound dressings, secretions, excretions, mucous membranes as long as hands aren't visibly soiled , when moving from a contaminated body site to a clean body site during patient care, after contact with inanimate objects in the immediate vicinity of the patient.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient had isolation contact precautions because he had an infection on his leg.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. Knock and ask to enter then introduce yourself
 - b. Verify the patient's identity using 2 forms

4. Fill in the correct medical abbreviations for the following terms:

Bedtime _____ HS _____

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Four times a day _____ QID _____
Dx _____ Diagnosis _____
BR _____ Bedrest _____
CXR ___ chest x-ray _____
Head of bed _____ HOB _____
IVF _____ Intravenous Fluid _____

5. Go to the ATI Module for Nutrition found under "Physiological Concepts for Nursing Practice" in Engage Fundamentals 2.0. Find the lesson - Nursing Interventions - and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold