

May 11/24
08/16/25

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

a. Soap and water only:

When hands are visibly soiled and contaminated with bodily fluids.

b. Waterless hand rub:

When hands or not visibly soiled and moving between patients.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

He had a bacteria causing leg infection. The bacteria can spread if contaminates equipment, other surfaces and people. He was placed on contact precautions to stop the spread to others.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

a. perform hand hygiene

b. Identify Patient using 2 methods (Name and Date of Birth)

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	<u>HS</u>
Four times a day	<u>QID</u>
Dx	<u>Diagnosis</u>
BR	<u>Bedrest</u>
CXR	<u>Chest X-ray</u>
Head of bed	<u>HOB</u>
IVF	<u>Intravenous Fluids</u>

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold