

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

a. Soap and water only: **A nurse should use soap and water before eating.**

b. Waterless hand rub: **A nurse should use waterless hand rub before preparing or administering medication.**

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

**The doctor suspected an infection on his leg and they were waiting for results. They used precautions to keep the nurse and his wife safe.**

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

a. **You should wash your hands.**

b. **You should ask the patient to state their name and date of birth.**

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	<b>HS</b>
Four times a day	<b>QID</b>
Dx	<b>diagnosis</b>
BR	<b>bedrest</b>
CXR	<b>chest x-ray</b>

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Head of bed

**HOB**

IVF

**intravenous fluids**

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. **Stroke**
- b. Hypertension
- c. Flu
- d. **Acid Reflux**
- e. **Mouth Sores**
- f. **Dental Issues**
- g. Common cold