

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
  - a. Soap and water only: When hands are visibly soiled or before eating
  - b. Waterless hand rub: Before having direct contact with patients or before preparing or administering medication

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient in the video was on contact precautions because they had suspected that he had an infection in his leg. Whenever a patient has an infection, you have to have contact precautions to prevent the spread of the infection to anyone else in the hospital.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
  - a. Ask for their name and date of birth
  - b. They walk in and immediately apply sanitizer or wash hands before providing any care and then they apply gloves before coming in contact with the patient

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	<u>Hs</u>
Four times a day	<u>QID</u>
Dx	<u>Diagnosis</u>
BR	<u>Bedrest</u>
CXR	<u>Chest X-ray</u>
Head of bed	<u>HOB</u>

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

IVF

Intravenous Fluids

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold

Stroke, acid reflux, mouth sores, dental issues