

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: When hands are visibly soiled ex: after caring for a patient with C. diff
 - b. Waterless hand rub: Before standard care of a patient when hands are clean ex: before taking vital signs

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

He had an infection on his leg and was placed on contact precaution due to the infection and impending his test results.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. Introduce yourself
 - b. Perform proper hand hygiene

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	HS
Four times a day	QID
Dx	Diagnosis
BR	Bed Rest
CXR	Chest X-Ray

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Head of bed

HOB

IVF

Intravenous fluids

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. **Stroke**
- b. Hypertension
- c. Flu
- d. **Acid Reflux**
- e. **Mouth Sores**
- f. **Dental Issues**
- g. Common cold

Correct answers:

- a) Stroke
- d) Acid Reflux
- e) Mouth Sores
- f) Dental Issues