

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
  - a. Soap and water only: When one's hands are visibly soiled. Only soap and water can remove dirt and debris.
  - b. Waterless hand rub: Before preparing or administering medication.
  
2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient in the video has an infection on his leg, so contact precautions have been implemented to isolate the infection and minimize/eliminate any chance of the infection being spread to anyone else.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
  - a. Introducing yourself to the patient & asking them if it is okay that you perform any form of care.
  - b. Performing proper hand hygiene
  
4. Fill in the correct medical abbreviations for the following terms:

Bedtime	HS
Four times a day	QID
Dx	Diagnosis

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**  
**Day 1 Class Prep Assignment**

BR	Bedrest
CXR	Chest X Ray
Head of bed	HOB
IVF	Intravenous Fluids

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold