

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: A health care worker should use soap and water when cleaning their hands after eating, using the restroom, or hands are visibly soiled.
 - b. Waterless hand rub: A healthcare workers should use waterless hand rub before having direct contact with patients.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Concepts of Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

This patients was on contact precautions because he had an infection on his leg that could infect others if exposed to it.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. Knocking on the door and asking permission to enter the room.
 - b. In each video, the nurse raises the bed for the patient whether it be in order to raise thr bed to help the patient out of bed or tilting the bed so the patient is sitting up in order to eat, drink, or mouth care.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	b.t
Four times a day	QID
Dx	Diagnosis
BR	Bed rest

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CXR	chest x-ray
Head of bed	HOB
IVF	Intravenous fluids

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. **Stroke**
- b. **Acid Reflux**
- c. **Dental Issues**