



Nursing Professional Self-Pledge

I, __Sania Steward_____, recognize that as a nurse, I have a professional commitment to myself. I will honor this commitment by: (give a minimum of two actions you will take to fulfill a professional commitment to yourself such as actions you might take to demonstrate a commitment to life-long learning, self-care or developing resilience)_

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I will keep up to date with evidence-based practice as a nursing student and future nurse. I will acknowledge when caring for clients becomes too overwhelming by using resources readily available to me.

I recognize that I also have a professional commitment to the profession of nursing. I will honor this commitment by: (give a minimum of two actions you will take to fulfill a professional commitment to nursing such as actions you might take to advance the science of nursing, care for vulnerable populations or advocacy)

I will continue to educate and advocate clients who cannot do for themselves. Having resources such as health screenings free of charge to the public will also benefit vulnerable populations.

I accept that I am responsible for presenting a positive and professional image of nursing. Ways that I will honor this commitment will include: (give a minimum of two actions you will take to present a positive and professional image of nursing such as conduct, language, or appearance)

I will treat other with respect regardless of the circumstance. I will uplift and encourage colleagues, facilitating a healthy working environment.

The profession of nursing is one that requires adherence to an established code of ethics. I will uphold these ideals to ensure the care I provide those I care for receive the highest quality of care I can give. As a student of nursing, I believe this commitment begins now. Therefore, I pledge to uphold these commitments to professionalism to the best of my abilities from this point in my nursing education and continuing throughout my career as a nurse.

Signature: Sania Steward

Date: 05/08/2025