70%

Extremely low-income renter households with severe cost burden

24,699

Extremely low-income renter households

14,563

Rental homes are affordable & available for extremely low-income renters

$31,920

Average income limit for a 4-person extremely low-income household

$63,742

The annual household income needed to afford a two-bedroom rental home at HUD's Fair Market Rent.

26,200 Households have at least 1 of the 4 housing problems:

- Cost burdens greater than 30%
- Incomplete kitchen facilities
- Incomplete plumbing facilities
- More than 1 person per room

24% Owners

47% Renters

Current Available Resources

- Delaware Division of Social Services (DHSS)
- Sussex County: Sewer and water assistance programs
- Casa San Francisco
- Childcare.gov
- Sussex Habitat for Humanity
- Sussex Strong

Community Health: Low - Income Families

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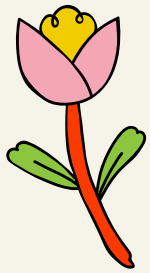
Reagan H, Nick V

Needs Assessment

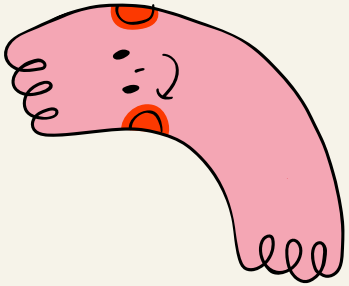
- 10.1% of the Sussex County population lives below the poverty line.
- Low-income families are at greater risk for poor health outcomes and decreased life span.
- Lack of transportation and health insurance are leading causes of decreased access to healthcare.



What are we doing and what more can we do?

Foundations of Community and Public Health Nursing

- MHOs play vital roles in improving health equity for low-income communities
- Trends such as technological advances, and shift toward prevention highlights the need for equitable healthcare solutions
- Population and Community Health Nursing aims to reduce health disparities to improve outcomes for low-income families
- Nursing Advocacy and applying ethical principles of nursing ensures fair treatment to all



Drivers of Health

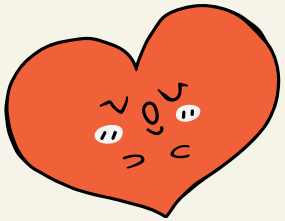
Health is influenced by environmental, economic, individual and social factors. Low-income individuals face challenges with access to healthcare, education and transportation. They are at an increased risk of exposure to unsafe living and work conditions and a lack of community support.

Prevention is the most effective way to reduce healthcare costs, which can be difficult for low-income families

Individual and Family Well-Being

How does living below the poverty line affect an individual?

- Increased safety risks.
- Food insecurity and poor dietary habits.
- Impact on mental health.
- Decreased educational opportunities.
- Decreased access to health services.



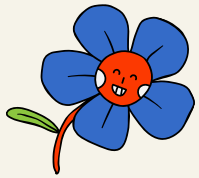
At-Risk and Vulnerable Populations

Social Determinants of Health: aspects of an individuals environment that impacts their health outcomes and risks

- better health is associated with greater household income
- access to water and safe housing
- skill sets for independent healthy living
- uninsured and underinsured
- cultural differences and modifiable risk factors
- access to nutritious foods and clean water

What is Beebe Doing?

- The mobile unit provides free healthcare, prescriptions, and assistance applying for insurance.
- The Financial Assistance Program offers help to those below the federal poverty level who have unpaid health care bills.
- The Food Recovery Program at Epworth Church in Rehoboth provides food that would otherwise be wasted.



Recommendations

Proactive not Reactive:

Placing mobile health posters in high traffic areas, offer free/low cost clinics, transportation assistance, educational workshops, preventive screenings, collaborate with organizations to create health promotion events, patient navigators for healthcare assistance, funding for community health initiatives. Collaborate with local food banks, housing assistance programs, and employment services to address social determinants of health