

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
Problem: Fluid and electrolyte imbalance Reasoning: gi bleed, crohn's disease Goal: will not go into hypovolemic shock during my time of care Goal: vitals including BP and HR will be around 120/80 and 60-100bpm by end of my care	Assess I & O q4hrs	Encourage intake and document output PRN
	Assess lab values (Hgb, Hct, RBC) in chart daily	Administer medications (supplements, blood, O2) per order
	Assess pt knowledge of condition upon assessment	Educate condition and how Crohn's can cause Gi bleeds upon assessment
	Assess pt diet routines before meals	Promote importance of good nutrition to obtain all electrolytes needed PRN
	Asses BP & HR q 2-4hrs	Administer IV fluids (NS) to aid in fluid volume PRN
	Assess pt mental and motor status q2-4hrs	Notify primary RN of abnormal changes from baseline stat

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
Problem: Acute pain: colon/abdominal Reasoning: gi bleed, Crohn's disease (possible inflammation), prescribed morphine IV Goal: will verbalize pain decrease to a tolerable level of 2-3 by end of my care Goal: body language will show no signs of pain such as crying or grimacing by the end of my care	Assess pain level q1-2hrs	Administer morphine IV per order/prn
	Assess body language q 2-3hrs	Provide support with pillows and blankets or therapeutic communication as requested
	Assess HR, BP, RR q 2-4hrs	Educate and instruct deep breathing techniques to help calm down and relax prn
	Assess pt's position and elevation of HOB prn	Lower/raise HOB or provide wedges to help positioning prn
	Assess pt concerns of discomfort prn	Promote rest periods and cluster care to aid in comfort prn

Nursing Problem Worksheet

Name: _____

	Assess and palpate abdominal area for tenderness prn	Notify doctor or primary RN of any severe, increasing or radiating pain STAT
--	--	--