

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Acute Pain (LLE)</p> <p>Reasoning: DM dx, may be due to neurologic dysfunction</p> <p>Goal: Will not report a pain score about 3/10 during my care.</p> <p>Goal: Objective indicators of pain like facial grimacing or guarding will not be present during my care.</p>	Assess Pain Score using numeric scale (1-10) q 4 hrs or PRN	Administer any ordered analgesics according to order
	Assess location and characteristics of pain PRN for pain	Assist client to a comfortable position in the bed or chair PRN for pain
	Assess B/P q 4 hours or PRN	Encourage rest periods with quiet environment, dimmed lights, privacy, etc. PRN for pain
	Assess HR q 4 hours or PRN	Apply heat/cold therapy PRN for pain
	Assess onset, duration, and severity of the pain PRN for pain	Elevate the LLE to reduce discomfort PRN for pain
	Assess O2 sat and any work of breathing (SOB, use of accessory muscles, etc.) q 4 hrs or PRN	Apply supplemental O2 if needed (O2 sat less than 92%)

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Risk for Unstable Glucose</p> <p>Reasoning: due to inadequate glucose monitoring, ineffective med management, or other stressors</p> <p>Goal: Blood glucose level will not exceed 180 during my care.</p>	Assess glucose level QIDACHS	Administer rapid acting insulin according to order (sliding scale)
	Assess LOC q shift or PRN	Educate the s/s of hypo and hyperglycemia q shift
	Assess skin integrity and skin turgor q shift	Encourage fluids q shift
	Assess dietary status q shift	Encourage regular meals and small snacks during the day q shift
	Assess for signs of	Give a fast-acting carb like

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Goal: HR will stay between 60-100 bpm during my care	hypoglycemia (cold, clammy...) q 4 hrs or PRN	orange juice, then re-check glucose after 15 minutes. Repeat until glucose comes above 70
	Assess weight daily in AM	Administer long acting insulin according to order daily