

## Nursing Problem Worksheet

Name: Jamesia Alphonse

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Pework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Pework) What will you do if your assessment is abnormal?
Problem: Unstable Blood Glucose	Assess blood glucose q 1h	Administer metformin per order
Reasoning: Blood glucose above 200, polyphagia, polyuria, polydipsia, altered mental status	Assess for signs of hyperglycemia (polyuria, polydipsia, polyphagia) q 2h	Administer insulin aspart per order
	Assess for knowledge of factors that cause hyperglycemia q 8h	Educate on contributing factors that can cause hyperglycemia
Goal: Will maintain blood glucose level 70-100 by the end of my care	Assess for medication adherence q 8h	Educate on the importance of taking required medications
Goal: Will identify 3 factors that may contribute to unstable glucose by the end of my care	Assess electrolytes labs q 8h	Provide electrolyte replacement
	Assess for signs of dehydration q 4h (dry mouth, slow skin turgor, scant urine)	Administer IV fluids

<b>Anticipated Patient Problem  and  Goals</b>	<b>Relevant Assessments</b>  (Pework) What assessments pertain to your patient's problem? Include frequencies	<b>Multidisciplinary Team Intervention</b>  (Pework) What will you do if your assessment is abnormal?
Problem: Impaired Urinary Elimination	Assess urinary output q 8h	Place collection hat in bathroom at all times
Reasoning: Decreased urinary output, urinary retention, bladder distention	Palpate bladder for distention q 8h	Bladder scan to measure urine volume
	Assess for symptoms of frequency and urgency q 8h	Encourage to urinate when the urge to void is felt
Goal: Will void 30 mL an hour or greater during my time of care	Assess urine characteristics (color, clarity, odor) at all times	Encourage fluid intake of 240 mL/h
Goal: Will not complain of urgency or frequency by the end of my care	Assess urinary elimination patterns q 8h	Encourage the use of a voiding diary
	Assess for signs of incontinence (urine leakage) q 8h	Encourage to void every 2-3 hours

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