

Nursing Problem Worksheet

Name: Madison Barber

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Risk for Altered Blood Glucose</p> <p>Reasoning: High blood sugar (above 140), Diabetic neuropathy, High A1c (above 7), High LDLs, Improper diet at home, High BMI</p> <p>Goal: Will state two changes to make to diet by the end of my care</p> <p>Goal: Will demonstrate a proper foot inspection by the end of my care</p>	Assess blood sugar before meals and at bedtime	Administer insulin aspart as ordered
	Assess A1C, lipid panel level at beginning of day	Administer metformin as ordered
	Assess prior knowledge of management of diet and exercise	Educate on the importance of a diabetic diet (reduced carbs) and exercise to prevent worsening of diabetes once
	Assess knowledge of high blood sugar symptoms	Educate on excessive thirst, appetite, urination usually means high blood sugar levels once
	Assess supplies at home to control blood sugar (glucometer)	Notify diabetes manager to have a consult once
	Assess lower extremities at beginning and end of day	Notify infectious disease provider of new wounds, provide education of daily foot inspections due to lack of feeling once

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C&P:|N102 –Nursing Care of Adults|Course Planning|2025|Course Documents|Clinical|Clinical Forms|N102 Nursing Problem Worksheet – 2025|

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient’s problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Fluid and Electrolyte Imbalance</p> <p>Reasoning: Low GFR, High BUN and Creatinine, High sodium, Complaints of thirst</p> <p>Goal: Potassium and Sodium levels will be within normal limits by the end of my care</p> <p>Goal: Heart Rate will be within normal limits of 60-100 by the end of my care</p>	Assess potassium, sodium, GFR, Bun, creatine, level at beginning of day	Administer kayexalate as ordered
	Assess cardiac rhythm and HR q4 hours	Administer amlodipine as ordered
	Assess urine output q4h	Use a straight catheter if retaining of 200 mL or more occurs after each bladder scan
	Assess intake of fluids q4h	Educate on keeping a fluid restriction to keep from overloading damaged kidneys once
	Assess edema at the beginning and end of day	Educate on importance of keeping between fluid restriction and ambulation once
	Assess energy levels and muscle cramps at beginning of day	Educate on side effects of imbalanced electrolytes and importance of rest once