

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: unstable glucose levels Reasoning: poorly controlled DM II Goal: blood glucose will remain 70-100 during my care Goal: will know 3 signs of hypo/hyperglycemia by the end of my care	Assess urine output during hourly rounds	Educate on importance of adequate hydration during head to toe
	Assess LOC during head to toe assessment	Administer glucagon PRN if unresponsive
	Assess blood glucose QIDACHS	Administer juice and recheck in 15 min x3 until bg is 70
	Assess diet, exercise, and alcohol use during head to toe assessment	Educate and provide visual handouts on diabetic diet prior to discharge
	Assess knowledge of insulin admin during med admin	Have pt demonstrate how to administer insulin
	Assess skin for any delayed wound healing during head to toe	Consult wound care, apply appropriate dressings once ordered

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: risk for excess fluid volume Reasoning: CKD r/t poorly managed DM Goal: Will not have edema by the end of my care Goal: Will void 30ml/hour during my care	Weigh daily during head to toe assessment	Educate on filling out daily weight log
	Monitor I&Os during hourly rounding	Educate on strict 2L fluid restriction
	Auscultate for crackles in lungs r/t and palpate for edema q4hr	Maintain hob 30 degrees and ambulate a minimum of 100ft daily
	Monitor RR, depth, and labor during hourly rounds	Raise HOB 90 degrees and administer O2 via NC
	Monitor serum electrolytes when labs are entered	Notify provider- administer IVF
	Assess for signs of overhydration (tight, shiny skin) during head to toe	Provide skin care and apply barrier cream q4h