

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Electrolyte imbalance	Monitor bowel sounds, frequency, and consistency of stools+ assess potassium levels daily PRN	Administer Kayexalate PRN
Reasoning: D/t diagnoses of CKD stage 3, potassium 5.3	*Monitor I's and O's along w/ serum uric acid levels if applicable	Maintain sodium chloride 250 mL @10mL/hr
Goal: By the end of my time of care the pt K+ will be between (3.5-5) BUN (8-20) Creatinine (0.7-1.3)	*Assess (BP) v/s, and urinary frequency	Lisinopril 10 mg, Levothyroxine .075mg, Amlodipine 5 mg
Goal: By the end of my time of care the pt K+ will be between (3.5-5) BUN (8-20) Creatinine (0.7-1.3)	Assess for nutritional deficiency before and throughout therapy	Encourage nutritional intake of proteins, fruits, and vegetables in divided meals q3-6 daily
Goal: By the end of my time of care the pt will have an oral intake of 300mL	Assess oral mucosa (pink, moist and intact) PRN	Encourage oral hygiene, or moist mouth swabs PRN
	Monitor daily skin turgor q12hr	Encourage fluid intake of 100mL hourly

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<p>Problem: Risk for infection</p> <p>Reasoning: RLE foot pain</p> <p>Goal: During my time of the care the pt will not develop an infection.</p> <p>Goal: By the end of my time of care the pt will verbalize the importance of assessing and performing aseptic foot care.</p>	Monitor temperature (36.1-37.5), and BP~ (130-80) q4hr	Encourage moderate fluid intake and IV fluids PRN
	Assess for RLE toe for abnormalities (swelling, warmth, pain, tenderness) q12hr	Encourage q2hr repositioning and Tylenol 650mg PRN, vancomycin 1g Q24hr
	*Assess RLE foot for drainage, erythema q12hr	Perform wound care when dressing soiled or q12hr/PRN
	Assess mental status changes (agitation, lethargy) PRN	Notify HCP of acute changes, reorient pt as needed PRN
	*Assess H&P PRN	Provide education on smoking cessation, and substances that have negative effects on health PRN
	Assess for edema, crackles in lungs, and SOB q12hr	Encourage use of IS, cough deep breathing, and ambulation q4hr

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