

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: <u>Uncontrolled Blood Glucose</u> Reasoning: <u>A1c > 6</u> <u>Finger stick > 100</u> Goal: <u>Will be able to show how to check BG in my time</u> Goal: <u>Will be able to plan meals & snacks w/ proper amount of carbs vs. insulin in my time.</u>	<u>BP/HR/RR (q8h)</u>	<u>Administer Antihypertensives</u> <u>Raise HOB, comfort pt (q8h)</u>
	<u>NIV (q8h)</u> <u>Fatigue</u>	<u>PO-Juice (PRN)</u> <u>Admin Antiemetics (BG > 70)</u>
	<u>Rapid Blood glucose (QIDACHS)</u>	<u>Teach proper insulin technique (QIDACHS)</u>
	<u>Skin assessment (qshift)</u>	<u>Educate on proper footwear</u> <u>Don't go bare foot, dry feet (TID)</u>
	<u>urine color, amount odor (q4h)</u>	<u>Send for UA: ketones glucose, protein</u>
	<u>diet @ home (BID)</u>	<u>provide hand outs of foods w/ low carbs</u> <u>↳ Dietitian / Diabetic ed.</u>

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: <u>Fluid & electrolyte imbalance</u> Reasoning: <u>eGFR > 60</u> <u>Kidney stones</u> <u>HF</u> <u>HTN DM</u> Goal: <u>Will void ~30ml per hr in my time</u> Goal: <u>Will remain w/in 2000 ml fluid restriction in my time.</u>	<u>BP/HR/RR/Temp (q8h)</u>	<u>Administer antihypertensives (as ordered)</u>
	<u>intake & output (q8h)</u>	<u>encourage oral intake (q2h)</u>
	<u>Labs: potassium, sodium calcium, phosphate</u>	<u>maintain IVF (at all times)</u> <u>admin: Supplements (as ordered)</u>
	<u>Edema (q12h)</u>	<u>Admin. diuretic potassium sparing</u>
	<u>Daily weights (qd)</u>	<u>Trend weights - watch for 3+ pounds in 3 days</u>
	<u>oral mucosa - pink, moist, intact (q2h)</u>	<u>provide oral hygiene - ice chips</u>