

Nursing Problem Worksheet

Name: _____

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Unstable blood glucose</p> <p>Reasoning: T2DM, CKD stage 3, A1C 10.2, Blood glucose 340, prescribed aspart/glargine</p> <p>Goal: Blood glucose level will remain between 70-110 during my care</p> <p>Goal: Will state back signs and symptoms of hyperglycemia and hypoglycemia during my care</p>	Assess A1C lab daily	Educate how to check own blood glucose levels and how A1C monitors over a course of 3months PRN
	Assess blood glucose levels q6hr and before meals	Provide juice if hypoglycemic and prescribed insulin if hyperglycemic STAT
	Assess diet routines upon first assessment	Educate foods low in sugar and how to count carbs upon assessment
	Assess knowledge of T2DM Q shift	Educate what T2DM is, A1Cs at or above 6.5% and answer questions Q shift
	Assess for changes in mentation, apprehension, slurred speech and trembling Q1hr	Obtain blood glucose and follow protocols for hyperglycemia or hypoglycemia
	Assess activity levels PRN	Educate importance of a small carb snack before activity to help prevent hypoglycemia PRN

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Acute Pain (RLE foot)</p> <p>Reasoning: CC toe pain, tender, aching, acetaminophen PRN</p> <p>Goal: toe pain will decrease to a tolerable level at or below 3 during my care</p> <p>Goal: will state back and demonstrate how to check</p>	Assess pain level on a numerical scale Q2hr	Administer prescribed acetaminophen per order/PRN
	Assess body language Q2-3hrs	Provide support with any pillows or blankets as pt requests
	Assess footwear and socks on foot for increasing pain Q2hr	Remove footwear if wearing increases the pain STAT
	Assess skin integrity (on feet/toe) upon first assessment	Educate pt to check feet daily for any sores or tenderness upon first assessment

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feet and monitor footwear during my shift	Assess pt positioning and concerns of discomfort Q1-2hrs	Remove any pressure on toe or elevate extremity PRN
	Assess and gently palpate toe for tenderness Q4hrs	Document affected area and notify primary RN of any changes or pain radiating PRN

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