

Nursing Problem Worksheet

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Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired nutritional status Reasoning: CKD, Fatigue, weight loss Goal: Will eat at least 50% of meal during my time of care. Goal: Will teach back 3 methods to maintain a healthy diet by the end of my care.	Assess weight q shift	implement a food diary; carb counting & med, BID
	Assess meal tray TID	collab w/dietary to provide meals that are compliant w/in dietary restrictions & shift
	Assess blood sugar QID.	Administer insulin as prescribed.
	Assess knowledge of dietary restrictions & shift	Educate on why sodium & protein are damaging to kidney
	Assess N/V, Abd pain PRN, pain related to hunger	offer bland / cold foods q 1 hr, PRN Abd pain, N/V
Assess at home diet, & meals q shift.	Educate patient on food labels, and portion control q shift	

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Impaired skin integrity Reasoning: CKD, DM2, LE pain Goal: Will not develop any new wounds during my time of care. Goal: Will teach back 2 prevention method of keeping healthy extremities during time of my care.	Assess bony prominences Q 4 hr	Elevate legs w/ pillow Q 2 hr, offloading pressure on heels
	Assess WBC Q shift	administer vancomycin as prescribed.
	Assess knowledge on diabetes & foot care q shift	Educate pt on daily foot care & foot checks q shift, PRN
	Assess pt position Q 2 hr	Implement Q 2 turns or assist to chair Q 2 hr.
	Assess for signs of edema Q 4 hr	Apply TEDS stockings or EPC'S
Assess knowledge on smoking cessation q shift	Educate pt on delayed wound healing when associated w/ T2DM & LE pain.	