

Nursing Problem Worksheet

Name: **MaKenna Miska**

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Risk for unstable blood glucose levels</p> <p>Reasoning: Type II DM, Peripheral Neuropathy, HLD, HTN, blood glucose: 340, A1c: 10.2, Cholesterol: 240, HDL: 40, LDL: 145, RLE great toe & calcaneus wound</p> <p>Goal: During my time of care, will not show signs of hypo or hyperglycemia.</p> <p>Goal: During my time of care, will maintain a blood glucose WNL (70-110)</p>	-Monitor blood glucose levels QID/PRN	Administer 20 units Insulin glargine recombinant subq in AM.
	-Monitor VS q4hr/PRN	Administer Lisinopril 10mg PO
	-Assess for signs of Hyper or Hypoglycemia PRN	Follow hospital protocols for either hypo or hyperglycemia. PRN
	-Evaluate patient's understanding of blood glucose monitoring and lifestyle modifications.	Educate pt on s&s of hypo/hyperglycemia, how to self-monitor blood glucose, important lifestyle modifications (diet & exercise) PRN.
	-Assess nutrition, carb consumptions, diet habits PRN	Maintain ordered Diet-Carbohydrate Controlled meals PRN
	-Monitor LDL, HDL, Triglycerides as drawn/PRN	Administer Atorvastatin 20 mg PO as ordered.

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: Fluid and electrolyte imbalance</p> <p>Reasoning: CKD stage 3, BUN: 45, Creatinine 1.8, K 5.3, Cl: 10.9, CRP: 8.2</p>	-Monitor serum electrolyte levels (K, Na, Cl) as drawn/ PRN	-Administer prescribed medications to correct any electrolyte imbalances
	-Monitor for Edema and Fluid Retention	-Track I&O, urine characteristics
	-Assess for signs of hyponatremia (confusion, lethargy, nausea)	-Notify healthcare provider, follow seizure protocol as ordered
	-Monitor for changes in ECG (Due to hyperkalemia or hypokalemia). PRN	-Notify the healthcare provider and plan interventions like potassium

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<p>Goal: During my time of care will have UO of 30ml/hr.</p>		binders or fluid restriction as ordered.
	-Monitor renal function (BUN, GFR, Creatinine) as drawn, PRN	-Maintain sodium chloride 0.9%, 250 mL at 10 mL/hour
<p>Goal: By the end of my shift will have electrolytes (K, Cl, Na) within normal ranges.</p>	-Monitor BP PRN	-Administer Amlodipine 5mg PO as ordered.