

### Nursing Problem Worksheet

Name: Lillian Maslauskas

| Anticipated Patient Problem<br><br>and<br><br>Goals   | Relevant Assessments<br><br>(Prewrite) What assessments pertain to your patient's problem?<br>Include frequencies | Multidisciplinary Team Intervention<br><br>(Prewrite) What will you do if your assessment is abnormal? |
|---|---|--|
| Problem: Risk for Infection   | Assess lower extremities for any wound or ulcers upon arrival to my shift.  | Document finding and apply treatment to ulcer or wound as soon as possible.                            |
| Reasoning: Peripheral neuropathy, type 2 DM, oliguria.  | Assess temperature Q 4 hrs.   | Check MAR for any PRN acetaminophen.   |
| Goal: Pt. will show no s/s of an infection during my time of care (fever, tachycardia, chills). | Assess for any painful urination or cloudy urine PRN.   | Contact healthcare provider for possible urine culture.  |
| Goal: Pt. will not accumulate any infection during my time of care.                             | Assess location of peripheral neuropathy during head to toes assessment.  | Educate importance of using call bell when in need to get up OOB with assistants and use of walker.    |
|   | Assess WBC upon arrival to shift and compare with admission lab.  | Administer 1 g Q 24 hrs of Vancomycin IVPB.  |
|   | Assess breathing rate Q 4 hrs and PRN.  | Administer 2 L of O2 via NC if labored breathing or O2 drops below 95 %.                               |

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|---|--|--|
| Problem: Altered blood glucose levels.  | Assess blood glucose QIDACHS.  | Administer Aspart Insulin per MAR.   |
| Reasoning: Type 2 MD, 2-3 glasses of whiskey a night, CKD stage 3, glucose of 340, HbA1c of 10.2                                | Assess mental status PRN.  | Obtain blood sugar right away.   |
| Goal: Pt. will demonstrate effective blood glucose management during my time of care (medication adherence, diet modification). | Assess for any s/s of hypoglycemia. (cold, sweaty, confusion, irritability).                                   | Administer 4 oz of juice if awake and alert. If not alert administer glucose in IV or 1 mg gluconate IM.                     |
| Goal: After insulin administration pt's blood sugar   | Assess understanding of ETOH cessation education.  | Educate importance of decreasing ETOH intake, as it is not good for type 2 DM and compliance will improve overall wellbeing. |
|   | Assess renal function test.  | Consult nephrologist for further education and treatment for patient.  |
|   | Assess nutritional status upon arrival to shift and PRN.   | Educate importance of increasing foods with lean protein, vegetables, non starchy  |

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will be less than 180 mg/dL during my time of care.

and fatty foods to help maintain blood glucose levels and improve overall wellbeing.