

Nursing Problem Worksheet

Name: Noelle Benson

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Infection</p> <p>Reasoning: WBC 18.3, IV vancomycin, wound on R calcaneus, elevated CRP & ESR</p> <p>Goal: WBC will trend down during time of care</p> <p>Goal: Will HR between 60-100 & temp <38 during time of care</p>	Monitor wound on R calcaneus for erythema, drainage, pain, & edema q4 & prn	Preform wound care using ordered dressing daily & prn
	Assess temperature q4 & prn	Give acetaminophen 650 mg to reduce fever q6hr & prn
	Monitor WBC daily	Give vancomycin 1g IVPB q24 hr
	Monitor HR & BP q4 & prn	Administer amlodipine 5 mg & lisinopril 10 mg daily
	Monitor vancomycin trough level daily	Alert provider/pharmacy to adjust vancomycin so level is w/n therapeutic range prn
	Monitor CRP & ESR daily	Promote hand hygiene q2 & encourage high protein foods for wound healing BID & prn

Anticipated Patient Problem and Goals	Relevant Assessments (Pework) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Pework) What will you do if your assessment is abnormal?
<p>Problem: Risk for impaired blood glucose</p> <p>Reasoning: Type 2 diabetes, taking metformin, insulin Glargine & Aspart</p> <p>Goal: Maintain glucose from 70-110 during time of care</p> <p>Goal: Provide demonstration on proper insulin administration & have return demonstration during time of care</p>	Assess blood glucose QIDACHS	Give correct amount of insulin based on blood glucose & dosing guideline QID & prn
	Assess for s/sx hypoglycemia q2 & prn (especially during peak of insulin)	Give 15g fast acting carb (juice) and recheck in 15 min, repeat process if glucose is <70 prn
	Assess for s/sx hyperglycemia q2 & prn	Check blood glucose prn, & give metformin BID
	Assess knowledge how to properly administer correct dose of insulin q4 & prn	Educate on proper insulin admin, give written instructions, utilize teach back BID & prn
	Assess diet & eating patterns TID	Educate about CHO counting, lower fats, & well balanced diet BID & prn
	Assess adherence to treatment plan for diabetes q8 & prn	Educate on importance of treatment plan & complications q8 & prn