

Nursing Problem Worksheet

Name: Ayanna Williams

Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
<p>Problem: impaired kidney function</p> <p>Reasoning: CKD, potassium: 5.3, creatinine: 1.8, BUN: 45, albumin: 3.5, total protein: 5.5</p> <p>Goal: potassium levels will remain WNL (3.5-5) during my time of care</p> <p>Goal: urine output will be greater than or equal to 30mL/hr during my time of care</p>	Assess I&Os after each meal and bathroom use	Maintain I&Os Q8hrs/PRN
	Assess serum potassium levels Q shift	Administer Kayexcelate as ordered
	Assess BP and HR Q 4hrs/PRN	Administer 5mg amlodipine daily
	Assess BUN and creatinine Q shift	Educate the importance of a low-protein and sodium diet during my time of care
	Assess edematous status Q 4hrs/PRN	Monitor daily weights Q shift
	Assess for signs and symptoms of flank pain (facial grimacing) Q 4hrs/PRN	Administer 650mg acetaminophen for mild to moderate pain (1-5) and a fever >38 C Q6hrs/PRN

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<p>Problem: risk for unstable glucose</p> <p>Reasoning: A1C: 10.2, blood glucose: 340, type II diabetes, hypertension</p> <p>Goal: blood glucose will remain less than or equal to 100mg/dL during my time of care</p> <p>Goal: will show no signs of hypoglycemia (irritability, shakiness) during my time of care</p>	Assess blood glucose levels QIDACHS	Administer insulin (Glargine – 20 units SubQ daily in the AM and Aspart – SubQ QID based on a high sliding scale)
	Assess for signs and symptoms of hyperglycemia (3 P's) during my time of care/PRN	Administer 1000mg metformin BID
	Assess for signs of and symptoms of hypoglycemia (shakiness, irritability) during my time of care/PRN	Provide 4 ounces of fruit juice then recheck blood glucose 15 minutes following during my time of care
	Assess A1C levels at the onset of my shift	Educate on the importance of lifestyle changes to maintain blood glucose levels such as diet and exercise during my time of care
	Assess BP and HR Q 4hrs/PRN	Administer 10mg Lisinopril daily
	Assess for signs and symptoms of infection (elevated WBC, fever) during my time of care	Administer 1g vancomycin IVPB Q24hrs, check the trough prior to the 4 th dose