

Nursing Notes

Initials/Signature: Camryn Tesch, Patience Kimani, Destiny Romano, Katelyn Milligan

Rm No: Skills Lab #3

Actual Patient Problem: Risk for unstable blood glucose levels	Goal: Maintain a blood glucose within 70-110 during my time of care Met: <input type="radio"/> Unmet: <input type="radio"/>
Clinical Reasoning: Blood Glucose 340. Numbness and Tingling bilaterally on the LE. A1C 10.3. Lack of knowledge of insulin	Caregiver Will demonstrate understanding of blood glucose
	Goal: management during my time of care such a diabetic diet, medications, foot care. Met: <input type="radio"/> Unmet: <input type="radio"/>
Actual Patient Problem: Fluid & Electrolyte Imbalance	
Clinical Reasoning: Sodium 135, Potassium 6.3 Phosphate 4.4. Reports muscle weakness and fatigue. Administered Lisinopril	Goal: K + will return to WNL (3.5-5) by the end of my care Met: <input type="radio"/> Unmet: <input type="radio"/>
	Goal: Heart Rate will remain WNL (60-100) during my time of care Met: <input type="radio"/> Unmet: <input type="radio"/>

						Blood sugar pending post-lunch.
Infection	0900	Purulent and serosanguinous drainage, soiled dressing and pillow underneath dressing, WBC 18,000	0935	Performed a dressing change with aquacel pad.	1300	New dressing clean, dry, and intact with initials and date applied written on it.
Ineffective Home Maintenance Behaviors	1000	Caretaker asking multiple questions about preventing further wound	1005	Education on proper shoe wear, foot care, healthy diet, daily inspection of feet and glucose management. Educated on resources for diabetes management.	1010	Verbalized understanding as asked if she could have education tools because she wants to help him "shape up."
Risk for unstable blood glucose levels	1000	B/P 109/69.	1030	Administered Amlodipine 5mg PO and Lisinopril 10 mg PO.	1130	B/P was 120/80, resting in bed with eyes closed.

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Additional Patient Problems: Additional Patient Problems: Fluid Electrolyte Imbalance, Ineffective Home Maintenance Behaviors, Risk for Skin Breakdown						
Patient Problem	Time	findings.	Time	What interventions were done in response to your abnormal assessments?	Time	response to the intervention?
Fluid Electrolyte Imbalance	1000	Potassium critical result reported from lab. 6.3.	1300	Administered Kayexalate 15 g/60 mL PO.	1300	No new potassium labs were drawn at this time. Muscle weakness present but no other signs of hyperkalemia (tachycardia, confusion, chest pain).
Fluid Electrolyte Imbalance	LATE NOTE 0900	The bedside urinal had urine in it from the previous night.	0930	Emptied bedside urinal.	0930	Voided 100 mL of yellow, odorless, amber colored urine.
Risk for Skin Breakdown	1025	The provider ordered Q2hr turns to prevent pressure injuries.	1030	Turned to left side using pillows to offload pressure.	1130	Resting comfortably in bed with eyes closed.
Fluid and Electrolyte imbalance	LATE NOTE 1000	Ate 50% of meals, 300 mL of fluids.	1005	Educated caregivers and patients on the importance of diabetic diet and good nutrition for glycemic control.	1005	Taught back resources for diabetic management.

Significant Event Documentation: Use the area below to document any significant events that happened during your time of care.

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