

Nursing Problem Worksheet

Name: _____

.Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Decreased Cardiac Output Reasoning: 11.4 Hemoglobin 32.8 Hematocrit. Glucose 340. Potassium 5.3 BNP 150 Hyperlipidemia Goal: Will have urine output of 240mL by the end of my shift Goal: Heart Rate will remain WNL throughout my time of care.	Auscultate Heart Sounds, looking for irregular rhythms (q4h)(PRN)	Administer Lisinopril as ordered
	Assess Vital Signs (HR, SpO2, RR, BP) (Q4h)(prn)	Administer Amlodipine as ordered
	Assess Skin (LE for edema) (q4h)(prn)	Elevate legs or place patient on Sequential Compressions to reduce swelling
	Assess Weight (AM)(each time patient voids) (prn)	Administer Levothyroxine as ordered
	Assess Capillary Refill (q8h)(prn)	Strict I&Os and maintain fluid restrictions (2000mL) Daily, during my care
	Monitor Labs (BNP, K+, CBC: H/H) (am) (prn)	Administer Kayexalate as ordered
Anticipated Patient Problem and Goals	Relevant Assessments (Prewrite) What assessments pertain to your patient's problem? Include frequencies	Multidisciplinary Team Intervention (Prewrite) What will you do if your assessment is abnormal?
Problem: Risk for Infection Reasoning: WBC 18.3. C-Reactive Protein 8.2. Unmanaged Diabetes, glucose 340 Goal: Remain asymptomatic of infection throughout my time of care Goal: WBC will return WNL (5,000-10,000) by the end of my care	Monitor WBC and Culture (AM)	Administer 1g as ordered
	Assess Vital Signs (Temperature) (Q4) (PRN)	Administer 650mg acetaminophen as ordered
	Assess Mental Status and orientation	Re-orienting pt to surrounding implement safety measures during my time of care
	Assess Blood Glucose (Q4)(PRN)	Administer Insulin and Metformin as ordered
	Assess Nutritional Status (q4h)(prn)	Maintain Fluid and Sodium Restriction encourage to heart healthy diet as ordered
	Assess Urine Characteristics and Voiding habits (cloudy, foul smelling urine with or without painful urination and urinary incontinence)	Document findings, notify provider and collect specimens as ordered.

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